What is claimed is:

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a deflection region having a longitudinal axis and a length, the deflection region having a wall, the wall having at least two sections, each section having a specific density which is different from each other section, the wall sections configured to define a predefined deflection pattern when a force is applied to the deflection region.

2. The catheter system of claim 1, further comprising:

at least one longitudinal element provided within the wall of the deflection region, the longitudinal element being substantially axially aligned with the longitudinal axis of the deflection region and providing a directional bias to the deflection region.

- 3. The catheter system of claim 2, wherein the longitudinal element is made from a shape memory material.
- 4. The catheter system of claim 2, wherein the longitudinal element is a wire.
- 5. The catheter system of claim 2, wherein the longitudinal element is a flat shim.
- 6. The catheter system of claim 1, further comprising an actuator member provided to apply an actuation force to the deflection region.
 - 7. The catheter system of claim 1, further comprising a rib along the wall.

- 1 8. The catheter system of claim 7, wherein the longitudinal member is 2 provided within the rib.
- 1 9. The catheter system of claim 1, further comprising a body region having a body wall, the body region being attached to the deflection region.
- 1 10. The catheter system of claim 9, wherein the body wall defines a lumen 2 and a conduit is provided within the lumen.
- 1 11. The catheter system of claim 10, wherein the conduit is located in the center of the lumen.
 - 12. The catheter system of claim 11, further comprising a torqueable member provided within the lumen.

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- 13. The catheter system of claim 12, wherein the torqueable member is located adjacent the conduit.
- 14. The catheter system of claim 12, wherein the torqueable member is located adjacent the body wall.
- 15. The catheter system of claim 10, further comprising a plurality of vanes adjacent the torqueable member.
 - 16. The catheter system of claim 1, further comprising a distal region.
- 1 17. The catheter system of claim 16, wherein the distal region includes a treatment tip.

- 1 18. The catheter system of claim 1, further comprising a non-compressible element.
- 1 19. The catheter system of claim 9, further comprising a non-compressible element.
- 1 20. The catheter system of claim 18, wherein the non-compressible element 2 is provided adjacent the wall.
- 1 21. The catheter system of claim 18, wherein the non-compressible element 2 14 is provided within the wall.

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- 22. The catheter system of claim 19, wherein the non-compressible element is provided adjacent the body wall.
- 23. The catheter system of claim 19, wherein the non-compressible element is provided within the body wall.
- 24. The catheter system of claim 19, wherein the non-compressible element is provided adjacent the wall and the body wall.
- 25. The catheter system of claim 19, wherein the non-compressible element is provided within the wall and the body wall.
- The catheter system of claim 18, wherein the non-compressible element is a braided sleeve.
- The catheter system of claim 18, wherein the non-compressible element is a coil.

28. A catheter system comprising:

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a deflection region having a longitudinal axis and a length, the deflection region having a wall, the wall having at least two sections, each section having a specific density which is different from each other section,

at least one longitudinal element disposed within the wall of the deflection region, the longitudinal element being substantially axially aligned with the longitudinal axis of the deflection region and providing a directional bias to the deflection region, the different wall sections and the longitudinal element being configured to define a predefined deflection pattern when a force is applied to the deflection region.

29. A catheter system comprising:

at least two longitudinal elements disposed within a wall of a deflection region, the wall having a longitudinal axis and the longitudinal elements being substantially axially aligned with the longitudinal axis of the deflection region;

at least two actuator members, the actuator members being configured to apply respective actuation forces to the deflection region, the deflection forces being substantially aligned with the longitudinal axis of the deflection region;

wherein the longitudinal members and the actuation members are arranged radially around the wall of the deflection region relative to one another in a configuration to define a deflection plane and shape of the deflection region.

30. The catheter system of claim 29, wherein the longitudinal members and the actuation members are aligned at ninety degree increments around the wall of the deflection region.

- 31. A catheter system comprising: 1 a body region having a body wall, the body region defining a lumen; 2 a conduit disposed within the lumen; and 3 a torqueable member provided within the lumen, the torqueable member 4 being configured to transmit rotational forces along the catheter system. 5
- The catheter system of claim 31, wherein the torqueable member is 32. 1 provided adjacent the conduit. 2

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- 33. The catheter system of claim 31, wherein the lumen has an outer periphery and the torqueable member is provided adjacent the periphery of the lumen.
 - 34. The catheter system of claim 31, further comprising a plurality of vanes adjacent the torqueable member and the conduit, the vanes being configured to support the conduit within the catheter system.
 - The catheter system of claim 31, wherein the torqueable member is a 35. braided sleeve.
- 36. The catheter system of claim 31, wherein the torqueable member is a 1 coil. 2
- 37. The catheter system of claim 31, further comprising a non-compressible 1 element 2
- 38. The catheter system of claim 37, wherein the non-compressible element 1 is provided adjacent the wall. 2

- 1 39. The catheter system of claim 37, wherein the non-compressible element is provided within the wall.
- 1 40. The catheter system of claim 37, wherein the non-compressible element 2 is a braided sleeve.
- 1 41. The catheter system of claim 37, wherein the non-compressible element 2 is a coil.
- 1 42. The catheter system of claim 31, further comprising a distal region
 2 attached to the deflection region, the distal region including a treatment tip and being
 3 configured to affect a tissue to be treated.
 43. A method of forming a catheter system, comprising the steps of:
 2 providing at least one longitudinal member;
 - 43. A method of forming a catheter system, comprising the steps of:
 providing at least one longitudinal member;
 forming a body with a predefined density around the longitudinal element.

44. A catheter system comprising:

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a deflection region having a longitudinal axis and a length, the deflection region having a wall, the wall having at least two sections, each section having a specific density which is different from each other section, the different wall sections being configured to define a predefined deflection pattern when a force is applied to the deflection region;

at least one longitudinal element disposed within the wall of the deflection region, the longitudinal element being substantially axially aligned with the longitudinal axis of the deflection region and providing a directional bias to the deflection region;

an actuator member, the actuator member being configured to apply the force;

a body region having a body wall, the body region being attached to the deflection region and the body wall defining a lumen having a conduit disposed therein;

a torqueable member provided within the lumen, the torqueable member being located adjacent the conduit and configured to transmit rotational forces along the catheter system;

a plurality of vanes adjacent the torqueable member, the vanes being configured to support the conduit within the catheter system;

a distal region attached to the deflection region, the distal region including a treatment tip and being configured to affect a tissue to be treated.